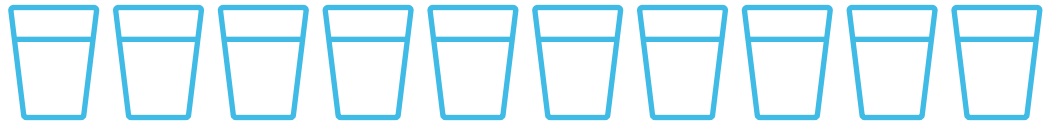
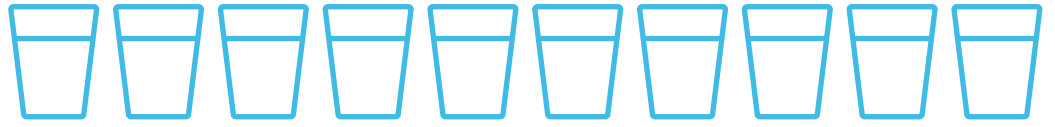


WASSERTRACKER

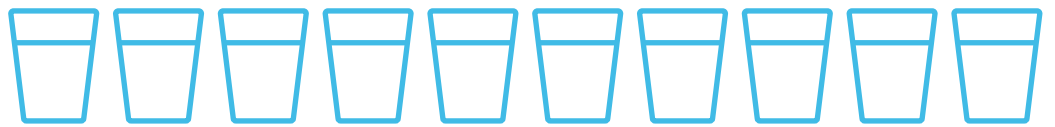
Montag



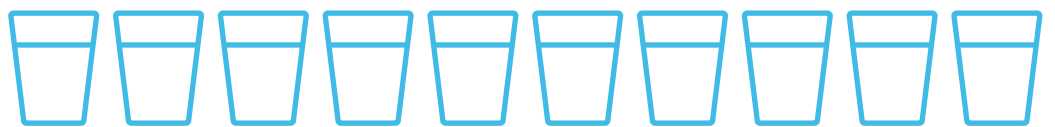
Dienstag



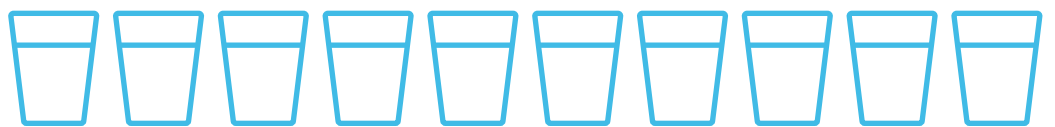
Mittwoch



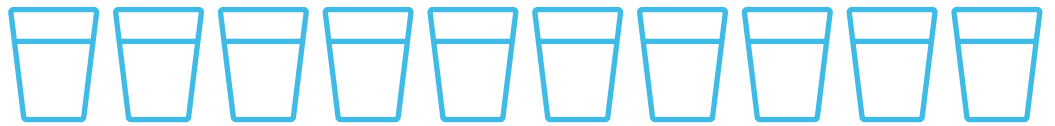
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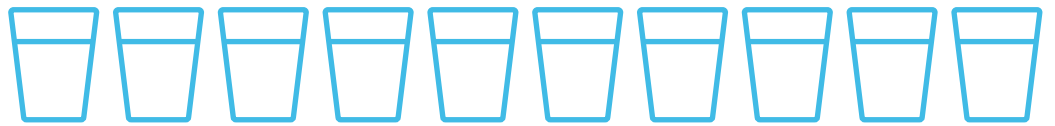
Freitag



Samstag



Sonntag



So behälst du dein Trinkziel im Blick!

Einfach jedes Glas (0,2 Liter) ausmalen oder abhaken und schauen, wie nah du deinem Tagesziel von 2 Litern kommst.